

Did you know...

- Parents are the leading influence in a child's decision not to drink alcohol or use drugs.
- Trauma and social determinants of health are key influencers of substance use disorders among youth and approaches to change those conditions are essential to foster behavioral health.
- Teens who start drinking before the age of 15 are at a higher risk for developing alcohol use disorder later in life.
- Youth ages 16 to 20 are responsible for nearly 10% of all alcohol-related crashes.
- Alcohol is the drug of preference among youth followed by marijuana and nicotine (ecigs). Misuse of prescription medication is another concern.



COMMUNITY COALITION

Join us!

Local People

Solve

Local Problems



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www.LifeStepsCouncil.org/Coalition/



LifeSteps Substance Use Prevention Coalition is a group of local citizens and organizations, working together towards the common goal of a safe, healthy, and drug-free community. Support the Coalition's efforts to address substance use and foster behavioral health and wellness.

Coalition members assist in identifying local problems and advocate for change at the community level.

Be part of the movement!

To become a member or for more information, contact us at 512.246.9880 or coalition@lifestepscoalition.org.

BE PART OF THE CHANGE

LifeSteps Coalition seeks individuals from all community sectors: Youth, Parents, Law Enforcement, Religious Organizations, Business, Civic and Volunteer Groups, Media, Schools, Non-profits, Healthcare Professionals, Elected Officials, State and Local Government, and Concerned Citizens. Be a Prevention Champion!

Local people solve local problems! Everyone living in the community can advocate for a healthier, safer, and drug-free lifestyle.

Anyone supporting our mission is invited to attend monthly meetings on the third Wednesday of every month from 11:30 am to 1 pm at LifeSteps' Round Rock office. Other forms of involvement are: participate in workgroups or committees and volunteer for events or presentations.



INITIATIVES AND ACTIVITIES

- School & community presentations
- Professional workshops
- Town Hall Meetings
- Annual Red Ribbon Campaign
- Alcohol Awareness Program
- Safe Medication Disposal efforts
- Social Host initiative
- Overdose Awareness Day
- Community newsletter
- #iLiveR.E.D, Resilient, Empowered, and Drug-Free
- Impaired Driving campaign
- Youth leadership project
- Community resources
- Educational material

A HEALTHIER COMMUNITY

The coalition's mission is to engage, inform, and empower the community to prevent and reduce substance use and other behavioral health disorders among youth. Our goals are:

- To establish and strengthen the collaboration among local residents and organizations to counteract substance use and promote behavioral health
- To raise community awareness of the risks and consequences of alcohol and other drugs
- To change social norms to prevent and reduce drug use
- To reinforce and implement policies that foster behavioral health and wellness
- To create a framework of resources and support for prevention and recovery services



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